

ENERGY SAFE KIDS presentations on Natural Gas and Electrical Safety National Health Education Standard

Standard 1

1.5.1 Describe the relationship between healthy behaviors and personal health.

1.5.3 Describe ways in which safe and healthy school and community environments can promote personal health.

Standard 2

2.5.3 Identify how peers can influence healthy and unhealthy behaviors

2.5.4 Describe how the school and community can support personal health practices and behaviors.

2.5.6 Describe ways that technology can influence personal health.

Standard 3

3.5.1 Identify characteristics of valid health information, products, and services.

3.5.2 Locate resources from home, school, and community that provide valid health information.

Standard 4

4.5.1 Demonstrate effective verbal and nonverbal communication skills to enhance health.

4.5.2 Demonstrate refusal skills that avoid or reduce health risks.

4.5.4 Demonstrate how to ask for assistance to enhance personal health.

Standard 5

5.5.1 Identify health-related situations that might require a thoughtful decision.

5.5.2 Analyze when assistance is needed in making a health-related decision.

5.5.4 Predict the potential outcomes of each option when making a health-related decision.

5.5.5 Choose a healthy option when making a decision.

5.5.6 Describe the outcomes of a health-related decision.

Standard 7

7.5.3 Demonstrate a variety of behaviors to avoid or reduce health risks.

8.5.2 Encourage others to make positive health choices.